



SATHYA SAI ORGANIZATION OF USA, REGION-4, ST. LOUIS

FREE HEALTH CHECK & HEALTH EDUCATION



EVERYONE IS WELCOME !

WHEN?

SATURDAY, OCTOBER 6, 2018

SERVICES: 9.00 am - 1.00 pm

[Registration: 8.30AM-12Noon]

WHERE?

HOLY TRINITY CHURCH-PARISH CENTER

3400 ST. GREGORY LANE,

ST. ANN, MO 63074

(314-733-1463)

GIVE AWAY:

**BOXED LUNCHES, CHILDREN'S CAR SEATS & BICYCLE HELMETS,
READING GLASSES, GOODY BAGS, SPORTS BALLS.**

SERVICES:

• FREE "FLU" SHOTS BY WALGREENS

- ◆ HT, WT & BODY MASS INDEX
- ◆ BLOOD PRESSURE CHECK
- ◆ ASTHMA CHECK
- ◆ BONE SCAN FOR OSTEOPOROSIS
- ◆ BLOOD TESTS
- ◆ (GLUCOSE, T. CHOLESTEROL, HDL, HBA1C)
- ◆ DOCTORS' CONSULT
- ◆ CHILDREN'S HEALTH
(BRING IMMUNIZATION CARDS)
- ◆ VISION CHECK
- ◆ GLAUCOMA CHECK
- ◆ HEARING TEST
- ◆ DENTAL CHECK
- ◆ BEHAVIORAL HEALTH
- ◆ ACTIVITIES & EXERCISES FOR FALL
PREVENTION & POSTURAL
CORRECTION
- ◆ FITNESS & EXERCISE
- ◆ NUTRITION & DIET
- ◆ MAMMOGRAM REGISTRATION
- ◆ AFFORDABLE CARE INFORMATION
- ◆ RELAXATION TRAINING
- ◆ HOUSEHOLD PET CARE

& MANY MORE

SUPPORTED BY



SLU CANCER CENTER

MARYVILLE UNIVERSITY

